

Trading Plan Writing Guide for 2024 - 2025

Your Trading Plan defines exactly what you trade, and how and when you trade it.

Basic Trading Plan Key Points:

1. Daily KPI (intent):
2. Target Session:
3. Target Market:
4. Target Signal/ Signals:
5. Maximum Agreed Risk per trade:
6. Trade Entry and Stop-Loss position criteria.
7. Enemy Proofs and your chosen counteraction.
8. Session specific rules (last 15 minutes).
9. News specific rules.
10. Contract step-up and step-down point (5K for NQ/ ES and 8K for FDAX).
11. Trade de-brief actions (journal / interrogation of losing trades / celebration of winning trades).

Ninja Trader Emergency Number:

My Account Number:

Detailed Trading Plan Considerations:

Foundation Goals: Why do I do what I do?

1. To trade consistently as per my plan.
2. Master the art of interacting positively with the market every session I trade.
3. To execute the trading plan in a flawless manner at least 4 days per week.
4. KPI's as per Excel Sheet.
5. 2024 Lower Goal: 5 Points per day, 4 days per week, 12k USD Start, 8 K USD Step up. Result = \$252 AUD for the 12-month trading period.
6. 2024 Ultimate Goal: Seek to trade for at least 10 Points per contract per day and hence far exceed the above goals. Only move with the market when the market is moving.
7. Seek to understand and then copy trade into 4 x \$250K Accounts by the end of 2024.

Before I Start my Trading Week Checklist:

- Check for Bank Public Holidays that may impact on volatility and volume.
- Check for contract roll-over and be careful on the day that includes roll-over.
- Consider not trading the evening leading to roll-over / FOMC or be careful not to expect large moves in these sessions.
- Check for Red Flag news announcements that pertain to the exchange you are trading to. FDAX watch for French and German Red Flag during the EURO Open. NQ, Commodity, Currency and US Index traders, watch for Red Flag news on US Red Flag during your trading sessions.

Before I Start Each Session Checklist:

To pick the big moving days, look for either:

1. GAPS to be closed from previous sessions as potential price magnets.
2. A 15 Minute, 30 Minute, 60 Minute or 4 Hour Swing Trigger or SBR leading into the Open of your Session.
3. A 15 Minute, 30 Minute, 60 Minute or 4 Hour ABC Breach Point (Momentum style move) being broken into the Open of your session or during your session.

To pick market stall points (Retracements), look for Weekly, Daily (1440 Minute), and 240 Minute Fibonacci Retracements. Draw your Fib Retracement over the most recent trend / move on each respective chart. This Fib must be on the dominant move that you are trading within. Note that we draw fibs up to calculate the failure point down and vice-versa. **The 23% Fib is not the same as the 76% Fib when calculating retracements and likely reactions to those retracements.**

To pick market stall points (Projections), look for weekly, daily (1440 Minute), 240- and 60-Minute ABC or Dominant Candle Fibonacci Extensions. Look to draw a

Fib Extension over the cleanest ABC pattern that is leading into your open. The cleanest pattern is the one that is most obvious to you as this will also be most obvious to other traders globally hence is likely to be the one used.

Please also note that the ABC Pattern that switches the trend (MDI Color), and its associated Fib Extension, is a very good target setting guide for that session.

Please note round numbers like 19000 on the NQ should also be marked as potential price magnets.

To predict Overall Session Volatility, look at the 'total days volume so far' at the start of your session using Time and Sales **on the S&P500**.

Euro Open Volume reads like this:

- Under 40K = low volatility day. Likely to generate 8-10 signals across all 3 markets.
- 40 – 80K = moderate volatility day. Likely to generate 10 – 12 signals across all 3 markets.
- Over 80K = high volatility day. Likely to generate 12 – 14 signals across all 3 markets.

(FDAX) Look for the extremes of the opening candle of the FDAX to set resistance levels for that specific session and do not trade into this.

(FDAX) Look to place the "top and bottom of the pre-market box" lines on the chart just as FDAX opens, as these levels may act as additional pivots while you are trading.

(All Indexes) Note their tendency to return to the 50% of the 4 Hour Chart for potential larger moves and targets. Same for ES and NQ on the respective market opens.

The highest probability trades for 5 Minute Chart Traders will always be very early in the 15/ 30 /60 Minute Swings or at 15 /30 /60 Minute Breach Points or at 15/ 30 / 60 Minute SBR's.

The best Efficiency Trades will always be as close to the stair step as possible. Why? This is when the Buyers / Sellers have most recently grabbed the momentum of the market.

Pre Session-Checklist

60 Minutes Out.

Fibonacci builds on all required charts.

15 Minute out.

Note if FDAX closes the GAP in the pre-market then it may be preparing for a larger chart move.

Check for high impact news. Check the 15- and 30-minute charts for SBR's that may trigger shortly after Open.

Mark potential market stall points and Pre-market SBR's/ pressure zones.

10 Minutes out.

Larger Chart Build Back from Monthly down.

Confirm market volatility and hence ATM and Risk Mitigations.

Confirm Account Connection and copy software as appropriate.

5 minutes out.

Watch for 15 min swing triggers with the step and trend with very low ratios leading into open.

Watch for 5 min SBR trades with great ratios against the stair step that form just prior to market open.

Look for a lower low or higher high, as appropriate, as the session opens that allows for the SBR to be reset, then place your order as per the SBR.

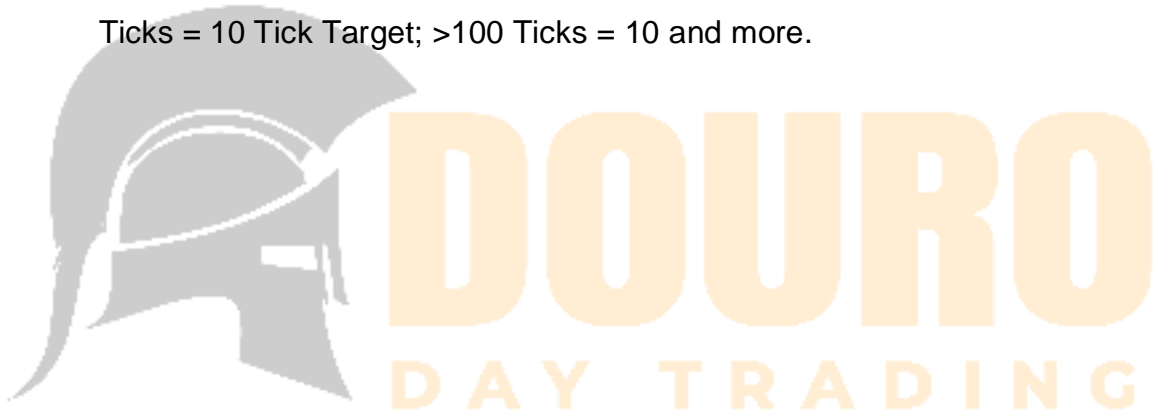


Foundation Rules in Priority Order

1. **DO NOT TRADE** into the extreme high or low of the opening candle of any cash market.
2. Mark the valid extension onto the most recent 5 Minute ABC Pattern to work out immediate Fib failure points.
3. Ensure that a Fib Extension is drawn that covers the Pre-market if required.
4. Draw on the high and low of the opening candle as potential 'do not trade into' no trade zones.
5. Watch the daily, the 240 and the 60 to detect high probability larger moves that allow for the prediction and use of larger targets.
6. Never assume a close over a 50%/ 76.4%/ 78.6% Fib or any PIVOT.
7. Never trade back into a 50% Fib if there is not enough room to the 50% Fib allowing for the 4 Tick Tolerance and the minimum 10 Tick target.
8. Never Reverse the trend unless there is a valid DDT Trade with 2 to 3 times relative loss or gain in efficiency.
9. Always seek to target 100 Ticks out of every NQ Pivot reversal (if traded), 20 points (FDAX reversal) and 12 ticks (ES reversal).
10. Stop always defined by the enemy failure point, efficiency or Fibonacci retracement .
11. Do not trade into dominant swings unless there is room to control risk prior to that point.
12. Check the Weekly, Daily, 240 and 60-Minute Triggers prior to starting each session and use the appropriate swing trigger targets in the hunt for far larger targets.

Pre-Trade Checklist

1. Where are we in the DOURO Signal Set Sequence and what does this mean in terms of target setting and risk control?
2. Where are we at in the most recent Fibonacci Extension and can I use this to estimate where the market is likely to go?
3. Is the market reversing on the larger charts and hence can we set a larger target and have a loose stop?
4. What is the risk on the trade as defined by the larger Tail/Wick and can it be traded?
5. Are we trading into the opening candle failure point, or into its vicinity, and if so, do we need to be cautious?
6. What is the volatility of the market at the time you seek to take a trade? <100 Ticks = 10 Tick Target; >100 Ticks = 10 and more.



Post Trading Week Debrief

A post trading week debrief is critical to identify potential issues before these issues become entrenched. With the intent of mastering trading, I think it is critical to implement a process of continual improvement and this is best done weekly.

A debrief is also intended to identify if there are systemic algorithmic issues that need to be remedied. As traders we recognize that we only have our algorithm and if this works well, we have a very bright future.

Potential questions that form part of this de-brief:

1. How could I have made more money this week?
2. Did I follow my plan without exception?
3. Did my emotions interfere with my trading and if so, what was my day like leading into that interference?
4. Did my strategy ultimately work and if so, what implications does this have for my future as a trader?
5. Did I have a losing trade and if so, have I interrogated that trade to identify exactly why it did not work?
6. Did the Algorithm work and did the human work the algorithm?

Trades to be Taken in Priority Order

The following trade structures double as 'check lists' for those seeking to stay disciplined in the heat of the battle.

Trade 1 – Efficiency [Ed's Trade] Look for a candle that is 2 to 3 times larger or 2 to 3 times stronger than the previous candle.

1. An Efficient CORPC Candle,
2. Look for a candle that is 2 to 3 times larger or 2 to 3 times stronger than the previous candle.
3. That is with the step and trend,

4. That has nothing in the way with no assumption,
5. Use up to a 40 Tick target (NQ) for the first trade of the session,
6. 10 Tick targets for every other trade (low volatility),
7. ATM is T8 P2 with 40/ 10 Tick Target.

Stop losses can be placed behind the Efficient bar if the bar is more than 5X more efficient than the previous bar.

Better performing efficient bars will always be early in the ABC Pattern formation hence early in the Fibonacci Extension.

Please remember the first return to efficiency, after a retracement toward the trend (MDI), is a great trade for you to be targeting.

Trade 2 – Reversals: SBR's, 4 Point Turning Bars and Climactic Reversals.

(Advanced). Do not do these until you have mastered trend trading and the only measure of this is doubling your live trading account.

Please focus on Reversals, ideally SBR and 4 Point Turning Bars off pivots only when you first start reversing.

Trade 3 – 101 signals.

All valid 101 signals that use an efficient candle as their final confirmation.

Preference should be given to efficient 101 signals, but please remember that 101 was written prior to the efficiency indicator.

Trade 4 – Basic DELTA (When Ready)

1. A DELTA,
2. That is ORPC,
3. With a Lead in Efficient Candle (LICE) [preference to CORPC LICE]
4. With Step,
5. With Trend,
6. With nothing in the Way, and
7. With no assumption (Pivots, 50% Fib of Micro Trend, 50% of the day).

Trade 5 – More Complex DELTA

Any DELTA that relates to a valid DDT reversal signal.

Note that a DELTA can be traded on an opening candle of any cash market provided this DELTA is associated with a swing trigger / SBR / Step Break that sets up on or prior to the opening bar. (E.g.: Pre-market SBRs leading into all market opens).

Note also that swing triggers can be traded on the opening bar provided this trigger was set up on this bar.

End of Trading Plan Guide

Required Customer Caution Notices

Trading Futures Utilizing Margin Customer Caution Notice

Trading Futures and other products **on margin** carries a high level of risk and may not be suitable for all investors.

Margin is defined as: The trading of securities with money borrowed from a broker. This has the effect of allowing you to trade a larger position in the market than you could otherwise trade based on your account balance. This has the potential effect of magnifying any profit you make from the trade as well as the potential effect of magnifying the loss made on the trade. Therefore, the term 'high level of risk' is used to describe 'Futures Trading'.

Margin (Leverage): The high degree of leverage can work against you as well as for you. Before deciding to invest in any futures trading product/s, you should carefully consider your investment objectives, level of experience, and risk appetite. The possibility exists that you could sustain a loss of some or all your initial investment and therefore you should not invest money that you cannot afford to lose. You should be aware of all the risks associated with futures trading and seek advice from an independent financial advisor if you have any doubts.

Trading Risk Customer Caution Notice:

Trading futures and other products on margin carries two primary risks:

1. You have a risk of **gaining money** every time you take a trade. This is typically referred to as a winning trade.
2. You have a risk of **losing money** every time you take a trade. This is typically referred to as a losing trade.

General Information and Past Performance Customer Caution Notices:

The information in this presentation is General Information Only. Any advice given or implied is General Advice Only. Neither your personal objectives or financial situation or needs have been taken into consideration. Accordingly, you should consider how appropriate the advice (if any) is to those objectives, financial situation and needs, before acting on the advice.

Past Performance Customer Caution Notice. The past performance of this product is not and should not be taken as an indication of future performance. Caution should be exercised in assessing past performance. This product, like all other financial products, is subject to market forces and unpredictable events that may adversely affect future performance.

