

Live Market Replay Conduct Guide for 2024 - 2025

Live Market Replay (LMR) allows you to test, practice and confirm the exact trade/s you have detailed in your trading plan.

What is LMR at DOURO?

Contrary to popular belief, LMR is intended for you to back test your knowledge and ability as a trader. Your goal is to test your implementation of an already proven trading strategy to prove that you can be consistently profitable as a trader.

What is LMR not intended for at DOURO?

LMR at DOURO is not intended for you to back test an already tested and proven strategy. The DOURO strategy and signal set have tens of thousands of sample trades in the proof set already. The signals do not need to be proven. Instead, your ability to take advantage of the signal set is what we intend to prove through LMR.

LMR is your opportunity to test and adjust your emotional response to a trade, while at the same time focusing on the 101 lessons of CSA and time expectation to help you stay disciplined while in that trade. The more LMR you do, the greater chance you have of understanding the market you are trading and hence interacting with this market in a beneficial nature each trading day.

Building your Confidence and Consistency using LMR.

We suggest you follow the following steps to gain the greatest benefit out of LMR:

1. Select your favorite session and favorite trade.
 - a. This is best achieved through static chart analysis in a similar manner to that conducted in the 101.
 - b. Ensure your session is supported by your lifestyle.
 - c. Ensure that you take into account the annual Day Light Savings changes (if applicable).

- d. May we suggest you target Efficiency Trading. This allows you to trade 'Efficiency with the Step' and also a 'Loss of Efficiency' against the step.
2. Download the data required for you to test one week of trading your preferred trade. Below is the link explaining how to do this. Please note that you will also **need to download 5 days of data prior to the week you seek to test** so the indicators have this previous data to work with.
3. Video 19 of the Ninja Trader Video Training Library (in the DOURO Members Area) shows you the exact process Lachlan follows to achieve this:
<https://youtu.be/iZYPQORbwLk>

Week 1 of LMR – Test and Adjust.

4. LMR 1 x week of data and assess if you are profitable in your selected trading session.
 - a. You may need to test and adjust your ATMs in order to achieve a maximization of this profitability.
 - b. Please note that the most successful DOURO traders will use an ATM on their first target and will manually adjust their trailing stop on their long-range targets (as seen in the 101) to make sure that they maximize the profit on every trade they take.
 - c. You may seek to use a fixed target when you first start trading. If so, seek to achieve your daily KPI on the first trade of your session and seek only to test 2 to 3 trades per session avoiding the last 15 minutes of the hour when you first start trading.
5. Week 1. Once you have confirmed your profitability in your first week of LMR testing, seek to now download a second week of data and repeat the process.

I highly recommend that you complete a static chart analysis before your LMR and save a screenshot to serve as a guide during your LMR.

Week 2 of LMR – Confirm and Consolidate.

6. Week 2. Please note that you may be able to complete the above 2 weeks of LMR in around two to three hours. Having tested 2 weeks of your strategy, you should be able to determine whether you are happy with the consistency and the profitability you have achieved. If you are not consistently profitable, there may be an issue with your ATM or your understanding of the strategy you are trading. In either case, please reach out to DOURO via the LTR or Weekly Tactics and Strategy Coaching so that we can seek to remedy the issue.

Week 3 and 4 of LMR – Lock down your Strategy and understanding of trading your signal set.

7. Week 3 and 4. Repeat the above steps this time covering 2 weeks of LMR. Be prepared to test and adjust your ATM / risk control parameters to let the trades run in your favour if this is your intent. Please note there is nothing wrong with a 20-tick daily KPI for NQ traders or the equivalent on other markets. You may seek to simply use a 20-tick fixed target [or equivalent] while conducting your LMR proof of concept.

Week 5 to 12 of LMR – Gain trust in what you do and the market you trade.

8. Week 5 to 12. Repeat the above process, seeking to further refine your use of the strategy and its profitability.

9. Use the Ninja Trader Video Training Library in the Members Area to build your ATM's, understand Fibonacci, save a chart image, save your LMR workspace and a whole lot more!

Completing your LMR Proof Phase

Most traders seek to complete their twelve-week competency cycle, using LMR, so that they can migrate to live trading as fast as possible. Please note that some of the best Douro traders have used nine months of LMR to build a brilliant psychology around their trading and the strategy they choose to use. This typically takes them less than a month to complete, using one to two hours per day.

I am firmly of the opinion that the more time you spend in LMR, the greater the chance you have of being successful as a professional trader as you trust the market you are trading and your profitability accordingly.

Lachlan Elsworth | CTO @ Douro Day Trading

End of LMR Conduct Guide

Required Customer Caution Notices

Trading Futures Utilizing Margin Customer Caution Notice

Trading Futures and other products **on margin** carries a high level of risk and may not be suitable for all investors.

Margin is defined as: The trading of securities with money borrowed from a broker. This has the effect of allowing you to trade a larger position in the market than you could otherwise trade based on your account balance. This has the potential effect of magnifying any profit you make from the trade as well as the potential effect of magnifying the loss made on the trade. Therefore, the term 'high level of risk' is used to describe 'Futures Trading'.

Margin (Leverage): The high degree of leverage can work against you as well as for you. Before deciding to invest in any futures trading product/s, you should carefully consider your investment objectives, level of experience, and risk appetite. The possibility exists that you could sustain a loss of some or all your initial investment and therefore you should not invest money that you cannot afford to lose. You should be aware of all the risks associated with futures trading and seek advice from an independent financial advisor if you have any doubts.

Trading Risk Customer Caution Notice:

Trading futures and other products on margin carries two primary risks:

1. You have a risk of **gaining money** every time you take a trade. This is typically referred to as a winning trade.
2. You have a risk of **losing money** every time you take a trade. This is typically referred to as a losing trade.

General Information and Past Performance Customer Caution Notices:

The information in this presentation is General Information Only. Any advice given or implied is General Advice Only. Neither your personal objectives or financial situation or needs have been taken into consideration. Accordingly, you should consider how appropriate the advice (if any) is to those objectives, financial situation and needs, before acting on the advice.

Past Performance Customer Caution Notice. The past performance of this product is not and should not be taken as an indication of future performance. Caution should be exercised in assessing past performance. This product, like all other financial products, is subject to market forces and unpredictable events that may adversely affect future performance.

